

## **2017 NORTH DAKOTA HIGH SCHOOL COACHES CROSS COUNTRY POLL**

coaches voted in this weeks poll

Date: September 20, 2017

### **Class B Girls:**

#### Teams

- 1 Hillsboro/Central Valley
- 2 Rugby
- 3 Southern McLean
- 4 Bowman County
- 5 Lisbon

#### Individuals

- |   |   |
|---|---|
| 1 Elise Ramberg (Langdon Area)              | 6 Jakkia Duffy (LaMoure)                    |
| 2 Amanda Jarrett (Carrington)               | 7 Dreah Frolek (Sargent Central/Lidgerwood) |
| 3 Kayla Ogle (Watford City)                 | 8 Grace Bachmeier (Surrey)                  |
| 4 Jensyn Zink (Hillsboro/Central Valley)    | 9 Carlee Sieben (Grafton)                   |
| 5 Reagan Baesler (Hillsboro/Central Valley) | 10 Tristin Lunde (Rugby)                    |

Other teams receiving votes:

### **Class B Boys:**

#### Teams

- 1 New Town
- 2 Hillsboro/Central Valley
- 3 Rugby
- 4 Hatton/Northwood/Thompson
- 5 Bowman County

#### Individuals

- |                             |                              |
|-----------------------------|------------------------------|
| 1 Jalen Chase (New Town)    | 6 Daniel LeBeau (New Town)   |
| 2 Isaac Huber (Edgeley)     | 7 Colby Antell (New Town)    |
| 3 Jaiven Hale (New Town)    | 8 Riley Zachmeier (Rugby)    |
| 4 Robert White (New Town)   | 9 Jesse White (White Shield) |
| 5 Payton Smith (Carrington) | 10 Ricardo Chase (New Town)  |

Other teams receiving votes:

### **Class A Girls:**

#### Teams

- 1 Grand Forks Central
- 2 Fargo Davies
- 3 Minot
- 4 Bismarck
- 5 Bismarck Century

#### Individuals

- |                                       |                                       |
|---------------------------------------|---------------------------------------|
| 1 Kelby Rinas (Mandan)                | 6 Mikayla Wiess (Grand Forks Central) |
| 2 Emily Goldade (Bismarck Century)    | 7 Lindsey Werner (Bismarck Legacy)    |
| 3 Rachel Torrey (Grand Forks Central) | 8 Callie Clausnitzer (Bismarck)       |
| 4 Alexis Roehl (Grand Forks Central)  | 9 Megan Lundstrom (Fargo Davies)      |
| 5 Mattie Shirley-Fairbairn (Bismarck) | 10 Meghan Ford (Jamestown)            |

Other teams receiving votes:

### **Class A Boys:**

#### Teams

- 1 Bismarck Legacy
- 2 Bismarck Century
- 3 Bismarck
- 4 Williston
- 5 Grand Forks Red River

#### Individuals

- |                                  |                                     |
|----------------------------------|-------------------------------------|
| 1 Evan Sayler (Bismarck Century) | 6 Brady Yoder (Dickinson)           |
| 2 Beau Brannan (Bismarck Legacy) | 7 Hussein Muquuin (Fargo South)     |
| 3 Micade Shumway (Williston)     | 8 Austin Wald (Bismarck Century)    |
| 4 Sean Korsmo (Bismarck)         | 9 Isaiah Germolus (Bismarck Legacy) |
| 5 Morgan Fairbairn (Bismarck)    | 10 Alex Luz (Fargo North)           |

Other teams receiving votes: